

## Dear Parents,

As we nurture our child, we experience times of laughter mingled with a sense of helplessness. That feeling inside us whispering "Am I doing enough?" can drain our emotional tank. How can we influence our child for Jesus with more certainty?

Here are some resources you may find useful for your parenting pathway:

### 1) [biblical-parenting.org](http://biblical-parenting.org)

At the home page, you may scroll down to two useful materials for use with your child:

#### (1) Devotionals

Under "Resources", you can download devotionals or request for a hardcopy to read with your child. A single-day devotional is two pages in length – structured with a bible verse, a prayer and a reflection.

#### (2) Short video clips

Further down on the page, there are short video clips to fuel you for the extra mile in parenting.

### 2) [d6family.com](http://d6family.com)

At the home page, click "for the church", then click "Splink".

#### (1) Engage your child in spiritual conversations

"Splink" provides a brief outline for parents to engage a child in spiritual conversation. As starters, structured experiences make way for meaningful interaction. Your older children may find it helpful too.

### 3) [family.org.sg](http://family.org.sg)

At bottom of home page, click "FREE RESOURCES".

#### (1) Talk to your child about their emotions

"Let's Talk About Our Emotions" is a thematic Infographic to talk to your child about calmness, being happy, nervousness, anger, sadness, being excited. Remember that an emotionally healthy child is a mentally healthy child :)

#### (2) Guide your child in navigating the digital world

"SCREENed Guide" provides tips and practical ways to guide your child to navigate the digital world. A must read for any parent who desires to disciple a child for Christ.

Feel free to contact me if you need prayer or assistance at 9743 7172.

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